

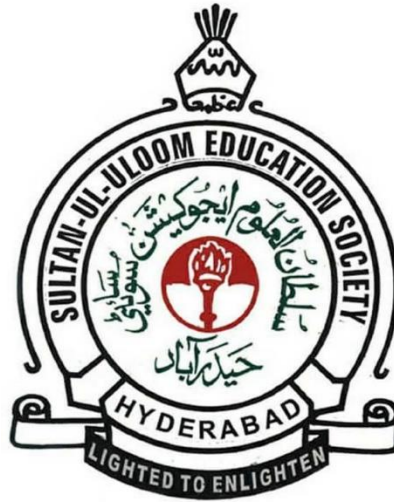
COLLEGE MAGAZINE



**GHULAM AHMED
COLLEGE OF EDUCATION**



GHULAM AHMED COLLEGE OF EDUCATION



*Established By
Sultan – Ul – Uloom
Education Society*

EDUVISION

2024

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EDITORIAL

The World through a Child's Lens.....

To look through the lens of a child is to see a fresh view of the world. Early educators, especially, have the opportunity to witness this daily. The prejudices that many adults obtain from years of living are not evident in younger children. This can produce a viewpoint that is free from knowledge of past experiences. For example, a child who eats a blueberry for the first time will eat the fruit not knowing if the taste will be preferred. The adult is probably aware if the strawberry tastes good or not. Going into situations with little to no prejudice can have its benefits. In a classroom setting the child will learn new concepts, including those involving academics. When something new is presented to the child, because there is no previous experience, the child can look at this concept from a fresh lens. The child could see different ways to view something new. These new views could also be new to the teacher, thus teaching something to the educator.

A student who is learning something new for the first time will notice specific details about a lesson that the adult did not realise existed. For example, in a Montessori environment, children are taught to clean up after themselves at a young age. It is common to instruct a three-year-old to sweep a mess off the floor. When the child experiences using a broom and dustpan for the first time then this activity becomes amusing. For an adult, or even an older child who has swept many times, this task has lost its novelty. It is now seen as a chore and not a privilege. Through the young child's eyes, sweeping is now exciting. Every piece of dirt, dust, or particle might be spotted by the young student, something that an adult who sees this task as tedious might not have noticed.

Children solve problems in the way that corresponds to their stage in development. This can be different from the way an adult thinks, because of past experiences. The educator or the student can start teaching the new concept in a way that makes sense to the student's peers. Because early educators have to break down rudimentary skills—skills that have been mastered for some time for adults—it is almost necessary to understand where to break these skills down.

The logical way to teach a student might not be so logical to an adult. Through peer learning, children will have the opportunity to understand concepts in a way that is understood.

When children of the classroom become leaders and teachers to peers, then the educator can start to learn from the students. It is important for the teacher to observe during these times because that is when new lessons can be created. Learning from peers will produce confidence in the child who is teaching, and the student who is receiving a lesson will start to build meaningful relationships. The importance of being accepted by peers grows as the child gets older. Watching peer learning will also teach the educator to observe the classroom more frequently. Through observation, the teacher will learn habits from the students, habits that might be encouraging misbehaviour in the classroom from the students. Also, the educator can learn the ways in which they need to elevate their own practice, perhaps to be more inclusive or acknowledge their own biases. Now that the source of the misbehaviour is pinpointed, the teacher can start to use preventative tactics in the classroom.

The best way to avoid misbehavior in a classroom is by prevention. Observing the environment, especially during times that are challenging, will give the educator insight in how to make the classroom run smoothly. When children are not respecting boundaries, it is their way of communicating a need to the adults. This can be that they are bored in the classroom, they need more one-on-one attention, they are hungry, tired, not comfortable in the environment or their identity is not being validated in the environment. The teacher has to listen, figuratively and literally, when misbehavior does occur.

A teacher in a traditional school setting is the one who stands in front of the classroom and instructs students on how to learn and behave. Some educators act as a guide to direct a young, curious child down the path of academics. Teaching goes both ways for everyone involved in the classroom. The students have a pure way of thinking, and through a child's eyes an adult can learn many things.

*By- Mrs. Rafiya Sultana,
Assistant Professor, M.A, M.Ed; NET*

GHULAM AHMED COLLEGE OF EDUCATION

ANNUAL REPORT 2023-2024

The academic session of the B.Ed. and M.Ed. courses 2023-25 batch commenced from 30th October, 2023 and 4th December, 2023 respectively. Ghulam Ahmed College of Education aims at holistic and integral formation of its students, fostering in them a spirit of academic excellence, social concern and character formation. The National Education Policy 2020 (NEP) has laid a compelling, ambitious agenda for bringing reforms in the education system in India. The curriculum in the college was revamped from the year 2023, to accommodate the principles of the New Education Policy.

CURRICULAR ACTIVITIES

Theory Classes and Evaluation- Regular theory classes were conducted for the college students. Student teachers were trained in different teaching competencies; they tried out a variety of methods in their practicing schools using innovative techniques such as Constructivism, Active Learning, Concept Attainment Model and Co-teaching with peers as well as school teachers, etc. **Internal examinations** were conducted regularly for the students of B.Ed. and M.Ed. courses.

Use of ICT: Several multimedia presentations were prepared by the students with the help of PowerPoint in different subjects like Mathematics, Physics, Chemistry, English Language, Social Studies and Biological Sciences. The students also prepared digital lesson plans, blogs, brochures and newsletters. The students made digital e-portfolios in which they incorporated excerpts of all the activities taken up by them, in 2 years.

Excellent ICT facilities are available in the 2 computer labs of the college. Computers with latest configuration were purchased for college use.

Community Work - Students lent their services to various underprivileged sections of the society as a part of Community work. They celebrated National Youth Day on 12-01-2024. The theme of the program was 'Community Engagement with Elderly people' and the objective was to

create ageless bonds between the young and old. The staff and students visited the following Homes in the city- Fatima Old Age home, Shifa ullah Old Age home, HCAH Assisted living and Dar Us Suffa old age home. They interacted with the inmates, organized games and distributed clothes and food. The B.Ed. students of the college also took up the task of educating illiterate adults in their practice teaching schools.

Library facilities: The College library has a collection of about 10930 books. It subscribes to 06 Magazines, 19 Journals and 8 newspapers. DELNET Facility is available for the use of staff and students. The computer and internet facilities are available to the teachers, students and the library staff. CCTV cameras are installed in the library. The students are encouraged to use the library extensively for reference work in their theory subjects, research work, assignments, etc.

Mentorship: An effective strategy used to train student teachers is by assigning a formal mentor, to work one-on-one with them. The lecturers of the college are entrusted the responsibility of mentorship. They monitor the progress of the students regularly and help in resolving their problems, if any.

Extension lectures/Seminars/Workshops organized:

The following Workshops and extension lectures were organized in the college to enable the students and teachers to keep themselves abreast of the latest developments in the field of education.

1. An extension lecture on “Dollar Dreams- opportunities abroad” was organized for the college students on 23rd September, 2023. Mr.Srinivas, Overseas Education Consultant, was invited as the resource person.
2. An extension lecture on “Techniques of Effective Communication” was organized for the college students on 2nd September, 2023. Ms.Ishmeet Kaur, Psychologist, life coach and Ted Ex Speaker was invited as the resource person.
3. A 5 day Work shop on ‘Teachers performance and audit’ was held from 10-10-23 to 16-10-23. Ms.Rubina Majid was invited as the resource person.

4. An Extension lecture on “Education System in Australia” By Mr. Sana Ahmed, was organized on 13-10-23.
5. An extension lecture on “Natural language processing for Teachers” was organized for the college students on 17th November, 2023. Mr. Abdul Raheem Nayeem Uddin, Master Trainer and consultant Edu Suite Solution Pvt. Ltd. was invited as the resource person.
6. An Extension lecture on “Scope of Teacher Education” By Mr. ShafiUddin, college alumni was organized on 18-11-23.
7. A Seminar on, ‘Cultivating a Growth Mindset- Attributes to successful teaching’ was organized from 20-11-23 to 24-11-23 with Ms.Anita Khosla, Curriculum developer & teacher trainer, Mr.Shahbaaz Ahmed, AIITA, etc. as resource persons.
8. A 5-day Seminar was organized in the college from 22nd to 27th December, 2023, on the theme, “Research Methods in education”, an IQAC initiative, Eminent educationists and speakers were invited as resource persons.
9. A 5 day Work shop on communication skills in English was organized from 23-1-24 to 29-1-24 with Ms. Anjum Khan, IELTS Examiner as the resource person. Students of B.Ed. and M.Ed. courses participated actively in the workshop.
10. A work shop on, ‘Linking Non Verbal Communication to Group Discussions and Interview Etiquette’ was organized on 3rd February, 2024 with Dr.A.Bharthi, Verbal and soft skill trainer as the resource person.
11. A 5 day FDP on “Soft Skills for Success” was organized from 31-3-23 to 5-3-23. Ms.Kavita, Mr.Sudarsh Lal, Tech Mahindra etc. were the resource persons.

Results: The overall performance of the college students was excellent. In the academic year 2022-23, the pass percentage in the **B.Ed.** course was **100%** with 83% distinctions and 17% first divisions. The pass percentage in the **M.Ed.** course in the year 2021-22 was **100%** with 77% distinctions and 23% first divisions. There were no II and III divisions in both the courses.

A FEW OTHER HAPPENINGS...

- College day was celebrated on 17th February, 2024. Mr.Sarfaraz Ahmad, IAS, Joint Chief Electoral Officer, Hyderabad, Telangana, was invited as the Chief Guest. Esteemed members of

the college management, Mr. Md. Waliulla, Mr.Zafar Javeed, Mr.S.A.Wahab , Mr.Masood Abdul Khadar, Dr.Mir Akbar Ali Khan, Mr. Faiq Ahmed attended the program.

➤ **A Blood donation camp** was organized in the college on Blood donor's day (14th June, 2023) in collaboration with Gandhi hospital and the NGO, 'Youth for Seva'.

➤ A Swatch Bharat Mission initiative was taken up by the college staff and students in September/October 2023. A certificate from the Government of India was given as a token of appreciation.

➤ A program on '**Gender Sensitization and Indian Constitution**' was conducted on 16th February, 2024. Ms.Kalarchana, Senior Judge, Secretary, City Civil Court, Legal Services Authority, Telangana, was invited as Chief Guest. Students of different colleges of education of Hyderabad attended the program.

➤ International women's day was celebrated on 7th March, 2023. Mrs.Madhavi Latha, Managing Trustee, Lata Ma Foundation, Chairperson, Virinchi hospital was invited as the Chief Guest.

➤ An orientation on Knowledge hub and innovations was arranged for the college students on 12-2-2024. Dr.Mohd.Abdul Muqet, CEO SU Knowledge Hub Foundation spoke on the topic, 'Establishing an EdTech Start Up- a case study'.

➤ Regular IQAC meetings were conducted in the college.

➤ Telangana formation day was celebrated on 2nd June, 2023.

➤ A cultural fest and exhibition of teaching aids was organized on 31-10-23. Mrs.Indira Parasharam, a Kuchipudi dancer was invited as the Chief Guest.

➤ An exhibition on 'Philosophical Ideologies' was organized on 12-2-2024. Dr.Lakshmi Rawat was invited to inaugurate the exhibition.

➤ Several literary and cultural competitions like skits, drama, Rangoli competition etc., were held for the students.

➤ The International Yoga Day was celebrated on 21st June, 2023. A demonstration of different postures of Yoga was arranged for the college students. Mr. Mastan Vali was the resource person.

➤ National festivals like the Independence Day and Republic Day were celebrated with reverence; Ambedkar Jayanti and Constitution Day were celebrated on 14th April, 2023 and 26th November, 2023 respectively.

- The college students took part in several Inter collegiate competitions organized by Osmania University.
- Games and sports were organized for the college students in December, 2023.
- Out Reach activities- With the objective to create ageless bonds between the young and old, 'Community engagement with elderly people' was organized. In collaboration with an NGO, Dobarra, the students volunteered to take old people to Numaish, the famous exhibition of Hyderabad on 23-1-24.
- An orientation programme on the do & don'ts of dealing with people in old age homes was conducted by Mr.Chetan, Vice Principal Of Jagruti Degree College, Radio Jockey, All India Radio on 10-1-24 and then students were sent to 4 old age homes to interact with the inmates.
- Value-added courses were conducted for the college students on topics related to Sustainable development, counselling, yoga, etc. The duration of the courses is 3 months.
- Several schools like Birla Mind Space, MS Creative etc. conducted interviews in the college for placements.
- Feedback was collected from different stake holders and action was taken on their recommendations.
- Students were taken to Shilparamam to study about art and culture of India on 12th October, 2023.
- A picnic to Wonderla Resort was organized on 1st March, 2023.

Faculty accomplishments:

- The faculty members of the college are constantly upgrading their qualifications and, in the process, winning laurels for themselves and the college. Dr.Sindhu Bhavani, was awarded Ph.D. degree in Education from HCU this year. Dr.M.Raju was promoted as Assoc.Professor.
- Several Articles were published and Chapters written in books by the Director and lecturers of the college in educational journals at the State and National level.
- All the faculty members and non-teaching staff attended various FDPs, Orientation programs and refresher courses to upgrade their qualifications.

CONCLUSION: Our sincere thanks to the Chairman, Vice Chairman, Hon.Secretary, Joint Secretary, Treasurer and other honorable members of the Board of Governors, Sultan-ul-Uloom Education Society and college Governing Council, for their encouragement and continued support in maintaining excellent quality in education at the college.

We are indebted to the Hon.Secretary, **Mr.Zafar Javeed**, for his invaluable guidance and encouragement in dealing with different issues and problems all through the academic year. His insights and advice constantly help us to put things into their right perspective.

We also acknowledge with gratitude the counsel and assistance of Mr.S.A.Wahab, Chairman, Governing Council, Ghulam Ahmed College of Education, which has been instrumental in the successful functioning of the college.

Vibha Asthana
Advisor cum Director,
Ghulam Ahmed College of Education.

1. _____
(Mr.S.A.Wahab, Chairman, G.C.)

2. _____
(Mr.Zafar Javeed, Ex-Officio, G.C)
(Hon.Secretary)

3. _____
(Mr.Nisar Ahmed Member,G.C.)
Member.G.C)

4. _____
(Dr.Mir Akbar Ali Khan,

5. _____
(Mr.Abdul Aleem Khan, Member,G.C)

6. _____
(Mr.Akheel Ahmed, Member, G.C)

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TEACHER WHO INFLUENCED ME

This past year, I have been fortunate enough to have a teacher who has truly influenced me in a profound way. Mrs. Sarah Fatima, my English teacher, has had a significant impact on me both academically and personally. Her passion for teaching and her dedication to her students have made her an exceptional teacher and mentor. One of the most remarkable things about Mrs. Sarah Fatima is her unwavering commitment to her students' success. She goes above and beyond to ensure that we understand the material and excel in our studies. She is always available to answer questions, provide clarification, and offer additional support when needed. Her patience and willingness to help have made a significant difference in my academic performance. Furthermore, Mrs. Sarah Fatima's passion for literature and writing is contagious. She has a way of bringing the texts we study to life, and her enthusiasm for the subject has sparked a newfound love for literature in me. Her insightful analysis and thought-provoking discussions have deepened my understanding of the material and broadened my perspective on different literary works. In addition to her academic influence, Mrs. Sarah Fatima has also had a profound impact on me personally. She is a compassionate and empathetic teacher who genuinely cares about her students' well-being. She takes the time to get to know us on a personal level and creates a supportive and nurturing learning environment. Her encouragement and belief in my abilities have given me the confidence to push myself and strive for excellence. One of the most valuable lessons I have learned from Mrs. Sarah Fatima is the importance of perseverance and resilience. She has taught me to approach challenges with determination and to never give up, even in the face of adversity. Her strength and resilience have been an inspiration to me, and I am grateful for the valuable life lessons she has imparted. In conclusion, Mrs. Sarah Fatima has been a truly influential figure in my life this year. Her dedication to her students, passion for teaching, and compassionate nature had made a lasting impression on me. I am grateful for the impact she has

had on my academic and personal growth, and I will always remember her as a teacher who truly made a difference in my life.

Mohd Abdullah
B.Ed Sem III

POEM - IN A BLINK OF AN EYE

Many things can happen within the blink of an eye
You might laugh, smile, or even cry
One day I saw something that I will always remember
Jack and I walking down the street in December
We were laughing and having a good time.
Then I looked down the alley and saw his brother Stein.
Stein was in an argument with his buddy Dan.
Jack told me to hide behind the garbage can.
He ran towards his older brother with anger in his eyes.
His brother said it's not what you think but Jack knew it was all lies.
I see something black come out of Dan's pocket.
I think to myself be it a locket.
By the time I figure out what it is its too late
As I get up I stumble over the small crate.
I run towards the boy lying on the cold ground,
When I'm about 3 feet away I realize he is making a weird sound.
I move closer to his body and hold him near.
I put my ear next to his mouth to hear.
He said that I was the closest thing to a sister.
I felt like my world was being ripped apart by a twister.
I smiled and looked into his eyes as fear showed,
My eyes started to water and tears flowed.
I realized at that moment my friend was going to die.
I held his hand as I cry and cry not wanting to say goodbye.

His grip loosened and his body went limp.
He smelled like his favorite food shrimp.
I had to let him go but I will always remember.
That month changed me the month of December.

Afreen Sultana
M.Ed Sem I

RELATIONSHIP BETWEEN GRANDPARENTS AND GRANDCHILDREN

Grandparents are a gift to every family, embodying wisdom, love, and tradition. They are the keepers of family lore, the protectors of heritage, and the nurturers of the next generation. Their influence on our lives is profound, shaping our values, our personalities, and our perceptions. This essay delves into my unique relationship with my grandparents and the vast ocean of love that binds us.

I Love My Grandparents. My grandparents have been my guiding stars, illuminating my path with their wisdom and their unwavering faith in me. They've nurtured my curiosity, encouraged my dreams, and celebrated my achievements. Their words of encouragement and their consoling embraces during my failures have instilled in me resilience and self-belief. My grandfather, with his twinkling eyes and warm smile, is a fountain of wisdom and life lessons. His stories of overcoming struggles, attaining success through perseverance, and the importance of integrity have shaped my understanding of life. His unwavering moral compass, reflected in his actions and principles, has inspired my own values. He became the person who taught me to believe in myself. My grandmother, a woman of boundless love and resilience, epitomizes warmth. Her tales of family, tradition, and the virtues of kindness and patience have been my earliest lessons in empathy and compassion. Her delightful recipes passed down through generations, have brought our family together in celebration of our shared heritage. Their home is my sanctuary, where I've laughed, learned, and loved. It's where I've come to understand the beauty of simple joys, the importance of family bonds, and the value of traditions.

Grandparents' love is a unique blend of warmth, indulgence, guidance, and nurturing. It's a love that knows no boundaries, a love that's a constant source of comfort and joy. It's in

the way my grandmother's eyes light up when she sees me, how my grandfather's tales always have a special lesson tailored for me, in their unfailing support and encouragement. Their love is also manifest in the wisdom they impart. Every story, every shared memory, every lesson is an act of love aimed at shaping me into a well-rounded individual. Their knowledge and experience, embodied in their advice and teachings, guide me as I navigate the complexities of life. Moreover, their love is the foundation of my emotional well-being. My grandparents have always been there to cheer me on during my triumphs and pick me up during my lows. They have taught me to embrace my emotions, to express joy and sadness, hope and fear, thereby fostering emotional intelligence and resilience.

My grandparents' love is the warm blanket that comforts me, the guiding light that shows me the way, and the strong foundation that grounds me. Their wisdom and values have been the building blocks of my character, their stories are the roadmap of my journey, and their love is the fuel that drives me. They are my pillars of strength, my reservoirs of wisdom, and my biggest cheerleaders. They have shown me the power of patience, the virtue of kindness, the value of hard work, and the importance of integrity. They've taught me to value my roots and have nurtured me to become a better version of myself. The bond I share with my grandparents is not just one of love but also of respect, learning, and mutual admiration. They have played a pivotal role in my life, impacting my personal, emotional, and moral development. Their love has been my stronghold, their wisdom my guiding light, their life stories my inspiration. In every sense, my grandparents are my treasures, their love my richest possession.

Azmath Unnisa Afreen
B.Ed Sem I

POEM - IF I HAD WINGS

If I had wings I would fly so high,
above the clouds, in the blue sky.
If I could fly kids would see me around the world,
with wings so white and hair all curled.

When I would fly, I'd see everyone,
Walking in the park or going for a run.
When it would be night I'd go to sleep,
I'd be so happy I'd never weep.

It's summer and I need a break,
Oh! A holiday I should take.
I'd fly to other countries in a day,
also get tanned under hot sun rays.

If I had wings I would make the earth green.
It would smell so nice and be so clean.
If everybody had wings there'd be no planes,
no air masks or acid rains!

Syeda Summaiya Fatima
M.Ed Sem I

"Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful." — Albert Schweitzer

Often time the question is asked about the role of success in happiness. People answer that success is not the key to happiness and the question is asked: a man owns a car, owns an enormous and successful business, has a beautiful wife and great kids and he's contented, what more does he need and why should you say that success is not the key to happiness?

It is noteworthy that Albert Schweitzer, a Lutheran theologian, humanist, philosopher, and physician confessed that success is not the key to happiness. He adds that when you love

what you do; when a man is passionate about his work and he appreciates what he does, such man will be successful.

To be successful by feeling happy, one must exhibit gratefulness, optimism, application of strength, and resources when they're critical, exhibit kindness, and tolerate other people.

Success is often seen as the ultimate destination, but in truth, it's happiness that lights the path. It's not the pursuit of success that brings joy—it's finding joy in the journey that leads to success.

When you pour love, passion, and purpose into what you do, success follows naturally as a reflection of your fulfillment. True achievement is not measured by accolades, but by the satisfaction and contentment you feel in every step of your work.

Success is not the key to happiness; happiness is the key to success. This happiness comes from being passionate about what you do, recognizing satisfaction, and staying with the people who love and appreciate us as we do to them. All these will enhance a healthy mind, an optimistic mind, and ultimately permit positive energy to work. Success isn't farfetched when the source of happiness is unique and immaterial. So, embrace what you love, and let happiness be the compass that guides you to true success.

Yasmeen Tabassum
M.Ed Sem I

GIFT OF LIFE - POEM

In the morning's gentle embrace,
As sunlight paints the world with grace,
Awake, dear soul, to a gift so grand,
Life's symphony crafted by Love's own hand.

Life, a treasure bestowed upon thee,
A wondrous journey, a destiny free,
Each dawn unveils its enchanting surprise,

A tapestry woven with azure skies.

Breathe in the fragrant morning air,
Embrace the moment, release all care,
For in this realm, where dreams take flight,
Embrace the truth, let your spirit ignite.

With each awakening, let gratitude bloom,
As nature whispers secrets, dispelling gloom,
The symphony of life, its rhythms sway,
Inviting you to dance, to seize the day.

In laughter and tears, in triumph and strife,
Embrace the duality, the ebb and flow of life,
For in its tapestry, a tale unfolds,
Of love's embrace, as time enfolds.

Seek the magic in each passing hour,
In simple joys, in nature's bower,
With open eyes and an open heart,
Discover the miracles in every part.

Cherish the friendships, the bonds you hold,
For they are treasures, more precious than gold,
Embrace the moments, both big and small,
For life's beauty resides in them all.

So, as the dawn breaks with golden hue,
Remember, dear friend, life is for you,
Wake up each morn, with love and bliss,
For life's a gift—a sweet embrace, a kiss.

MAA - POEM

Doodh aur shehad me gundha pehle, arsh-e- bari ki mitti ko,
Mamta ka paikar pehnaya, Noor ki barish me nehlaya;
Usme apna aks milaya, fir aisa shahkar banaya.

Maa ka rishta sabse afzal, Qaliq ne taqleeq kiya hai;
Apne baad khuda ne uncha, Mamta ka Iqbal Kiya hai;
Chaar kitabon se bhi pehle, is zameen pe maa utri hai.

Jiski kokh se janam liya hai, har ek paigambar ne;
Sufi Qutub Abdali Wali, Sab Mamta ke marhoom e minnat;
Maa jiski qadmo me Jannat, Maa jiski ankho me thandak.

Sarta pair mohabbat hai ye, Shafqat hai ye,
Chahat hai ye, Rehmat Barkat Rahat hai ye;
Qudrat ka behroop hai mamta, Rab ka dusra roop hai mamta;
Jism se jaise Jaan ka rishta, Aayat se Quran ka rishta,
Vo bache se Maa ka rishta.

Mamta me itni taqat hai, vo nanhi si chidiya ko bhi,
pal me baaz bana sakti hai;
Vo apne bacho ke qatir, maut se Jaan Lada sakti hai.

Maa vo hasti jiski goad hai, Atlas aur kamkhab se badhkar,
Anjum aur mehtab se badhkar;
Pyaar ka maujemaar ka dariya, har ek maa ka seena hai ye;
Mamta ka dil kholke dekho, Jaise shehar Madina hai ye.

Ye apne bacho ke qatir, Takleefo me padh sakti hai,

Har mushkil se ladh sakti hai;
Qurbani eesar ki moorat, Shafqat ki ehsas ki soorat;
Chaati se liptakar bache, khud Keele par sone wali;
Mamta ain farishto jaisi; kab hai dusre rishto jaisi?

Bachou ke chehre padhti hai,
Unke har ek dukh aur sukha ka sau feesad andaza Maa hai.
Chehre ki taqtees ko dekho, phoolo se bhi taaza Maa hai.
Mamta ke qadmo se uncha, koi aur maqam nahi;
Maa se badhkar is duniya me, koi dusra naam nahi.

Mamta to taqleeq kiya hai, Qudrat ne apne dast se;
Usme apna aks milaya, Noor ki barish me nehlaya;
Chaar kitabo se bhi pehle, is zameen par Maa utri hai,
Jaise jism me jaan utri hai.

Afifa Ather
M.ed Sem I

WOMEN EMPOWERMENT

Women contribute to the growth and development of the community and their talents and achievement have a significant impact on the world. It is important to recognize the valuable role of women in society and provide them opportunities to reach their full potential.

Women empowerment aims to create environment where women can achieve their goals by instilling sense of self-worth, self-awareness and independence. Women can participate in decision making, know their rights and lead a life of dignity free of discrimination and violence. To achieve women's empowerment there is a need for collective effort.

The first step towards women empowerment is to provide them with education and health care facilities. Educating women not only helps them to develop new skills and knowledge but

also enables them to stand up for their rights. Women should have necessary medical facilities to live a healthy life.

In women empowerment women's financial independence plays a crucial role. It contributes to poverty reduction promote gender equality and overall development of society. In today's digital world online jobs can be provided to women wherein they can earn online by providing entrepreneurial opportunities and access to credit facilities can help women support themselves and their families.

Women must be encouraged to engage in politics and decision-making process at all levels of society to reflect their opinion and viewpoints. Women face violence and discrimination both at home and in society. Thus, it is important to implement measures to provide protection and support to women who face violence.

The true empowerment can be achieved through collective efforts by government organization and individual in the society. Therefore, it is everyone's duty to take action towards achieving gender equality and women empowerment.

Masarath Fatima
M.Ed Sem I

CONQUER FEAR - MOTIVATIONAL POEM

It is said that before entering the sea, a river trembles with fear.

She looks back at the path she has traveled, from the peaks of mountains, the long winding road crossing forests, and villages,

And in front of her, she sees an ocean so vast, that to enter there seems nothing more than to disappear forever.

But there is no other way. The river cannot go back. Nobody can go back. To go back is impossible in existence.

The river needs to take the risk of entering the ocean, because only then will fear disappear, because that's where the river will know, it's not about disappearing into the ocean, but of becoming the OCEAN.

The reflection of life's mirror is sometimes,
Dull and sometimes clear.

The time flies and makes a lifetime image,

Moments of sorrow & joy locked in memories cage.
Uncertain experiences with tears that flow,
But the heart still finds all rays of hope.

Neelam Kahkashan
B.Ed Sem III

Riddles

1. "I'm not alive, but I grow. I don't have lungs, but I need air. I don't have a mouth, but water kills me. What am I?"
2. "I am not a bird, but I can fly. I am not a river, but I can flow. I am not a tree, but I can grow. What am I?"
3. "I am often sought but rarely found, a compass with no map. I guide you through the storm, yet I am not a star. What am I?"
4. "I can be broken without being touched, given without being seen and kept without being held. What am I?"
5. I am the bridge between dreams and reality, in empty hands, I build my vitality.
With sweat and skill, I craft my way, transforming effort into pay. What am I?
6. I am a treasure that grows without measure, found in the pages or shared in a gesture.
I can light up your mind or help you to see, the more you pursue me, the richer you'll be.
What am I?
7. I'm more than just a feeling, I shape your view, I can lift you high or bring you down too.
I change your path and colour your day, what I am key in every way. What am I?
8. Take off my skin. I won't cry but you will. What am I?
9. I shoot but never kill. What am I?
10. What is in front of your eyes but you can't see?
11. I can fly but I have no wings. I can cry but I have no eyes?
12. What is broken if you mention its name?

Answer	
1. Fire	7. Attitude
2. Your potential	8. Orange, Onion
3. Life's purpose	9. Arrow, Camera
4. Your health	10. Air, Future
5. Work	11. Cloud, Dandelion
6. Knowledge	12. Secret, Silence

Safoora Intesar
B.Ed Sem III

WHOLE-CHILD DEVELOPMENT IS ESSENTIAL FOR SCHOOLS

In the wake of two years of disruption of learning due to the pandemic, there are increasing concerns about the wellbeing of children and young people beyond the narrative of the need for academic ‘catch-up’. Reports of studies states that a greater numbers of children performing below expected and fears that the attainment gap between disadvantaged students and their more advantaged peers is growing, have been accompanied by growing numbers of children believed to be suffering from mental health disorders.

A growing body of work on whole-child development demonstrates the interconnection of physical, social and emotional, and cognitive wellbeing and development. We need to consider how our education system supports the development and wellbeing of every aspect of children and young people, both now and for the future. Children may struggle to learn effectively if they are suffering with ill health or poor mental health; children will struggle to learn effectively if they are not given space to learn social skills or develop emotional regulation and self-efficacy. With a whole-school, whole-child approach, we can address barriers to learning more effectively and improve outcomes for children and young people.

At a whole-school level, we need to remember that children develop at different rates – for example, their emotional development may lag behind their cognitive, particularly as a result of COVID disruptions. This means that we should interrogate whole-school policies in relation to homework or behaviour, for example, and whether or not they are as appropriate for an 11-year-old as a 16-year-old. Similarly, we can consider how curriculum content might affect children of different ages or backgrounds, particularly where it might have emotional implications – for example, the study of themes in literature that touch on the lived experience of students. This will undoubtedly vary for different subjects. In the individual classroom, while consistency can be beneficial to learning, a whole-child lens may also help teachers to develop the positive learning relationship and environment – and adaptive teaching – required to ensure that all children can aspire and attain.

As a teacher and leader, considering the whole child helps to remind us of the complexity of learning behaviours. With a whole-child lens, we can consider the multiple influences on pupil behaviour and learning that extend beyond the immediate context of school. It also becomes more apparent that relationships interact in complex and often unpredictable or unexpected ways. Social norms underpinning behaviour in the classroom may need to be taught or challenged, because peer influences and home life may be very different from the experience of being in school.

Whole-child approaches encompass the physical, emotional, social and cognitive development of children. This doesn't happen in neat stages determined by chronological age or year group. Teachers and school leaders need to be intentional in how they look at the factors that interact and influence learning and behaviour, and how these relate to development. We should consider every aspect of a child's development as important if we want to secure positive outcomes from education.

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B.Ed Sem III

PHOTO GALLERY





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